

MOVE MORE **SPORTEERING**

GOREY – WALK / RUN

Please ensure you have read the [Move More Jersey Sporteering Terms of Use](#) prior to undertaking this course.

	Type of course:	Walk / Run
	Difficulty:	Easy / Intermediate
	Area:	East of the island
	Start and finish:	Long Beach car park, Gorey
	Environment:	Paved, tarmac and soft surface foot paths, some of route may be roadside and a few road crossings. Mainly flat with an ascent / descent to and from the Castle Green. CAUTIONS: slope can be slippery when wet, care must be taken along the pier as sections do not have railings
	Suitable for:	Walkers and runners 4+ km
	Points available:	220 (including start and finish)
	Approx. time:	25 – 180 minutes (maximum time available 6 hours)
	Parking:	Longbeach car park, Gorey
	Bus route:	Number 1