











MOVE MORE SPORTEERING

GROSNEZ – WALK / RUN

Please ensure you have read the [Move More Jersey Sporteering Terms of Use](#) prior to undertaking this course.

	Type of course:	Walk / Run
	Difficulty:	Intermediate / Challenging
	Area:	North West of the island
	Start and finish:	Car park near Grosnez ruins
	Environment:	Foot paths and cliff paths – near some high, exposed drops. Terrain is relatively flat, though the surface is stony and uneven
	Suitable for:	Competent and steady walkers and runners, 6+km depending on route chosen
	Points available:	350 (including start and finish)
	Approx. time:	45 minutes – 2.5 hours (maximum time available 6 hours)
	Parking:	Grosnez car park
	Bus route:	Number 8