

MOVE MORE **SPORTEERING**

North East Island – **CYCLE**

Please ensure you have read the [Move More Jersey Sporteering Terms of Use](#) prior to undertaking this course.

	Type of course:	Cycling – all on road
	Difficulty:	Intermediate / Challenging
	Area:	North East of the island
	Start and finish:	St Martin's Village Green car park
	Environment:	Minor roads and some major roads, some steep and long ascents / descents
	Suitable for:	Competent and confident cyclists only – 25+ km (dependant on route chosen)
	Points available:	310 (including start and finish)
	Approx. time:	1 – 3 hours (maximum time available 3 hours)
	Parking:	St Martin's Village Green car park
	Bus route:	N/A – completed on bike