











## MOVE MORE SPORTEERING

### ST CATHERINE'S WOODS – WALK / RUN

Please ensure you have read the [Move More Jersey Sporteering Terms of Use](#) prior to undertaking this course.

	<b>Type of course:</b>	Walk / run around and through St Catherine's Woods (approx. 4km)
	<b>Difficulty:</b>	Intermediate
	<b>Area:</b>	East
	<b>Start and finish:</b>	Car park off Rue du Moulin, St Martin
	<b>Environment:</b>	Footpaths through woods and some minor roads. Can be slippery or boggy underfoot when wet. A couple of steeper ascents / descents over uneven footpaths
	<b>Suitable for:</b>	Competent walkers and runners, 4+ km
	<b>Points available:</b>	300 (including start and finish)
	<b>Approx. time:</b>	45 minutes to 2 hours 30 minutes
	<b>Parking:</b>	Car park off Rue du Moulin, St Martin
	<b>Bus route:</b>	Number 3