











## MOVE MORE SPORTEERING

### WATERFRONT – WALK / RUN

Please ensure you have read the [Move More Jersey Sporteering Terms of Use](#) prior to undertaking this course.

	<b>Type of course:</b>	Walk / Run
	<b>Difficulty:</b>	Easy
	<b>Area:</b>	St Helier
	<b>Start and finish:</b>	Les Jardins de la Mer car park, St Helier
	<b>Environment:</b>	Paved or tarmac foot paths and shared use paths, some walking beside roads and some crossings. A flat and accessible route.
	<b>Suitable for:</b>	Walkers, runners, buggies and wheelchairs. 4+ km
	<b>Points available:</b>	420 (including start and finish)
	<b>Approx. time:</b>	20 – 180 minutes (maximum time available 6 hours)
	<b>Parking:</b>	Les Jardins de la Mer car park, St Helier
	<b>Bus route:</b>	5-minute walk from Liberation Bus Station

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