MORE ISLANDERS.
MORE ACTIVE.
MORE OFTEN.

MOVE MORE **SPORTEERING**

St Brelade – WALK / RUN

Please ensure you have read the [Move More Jersey Sporteering Terms of Use] prior to undertaking this course.

	Type of course:	Walk / Run
	Difficulty:	Intermediate - easy
	Area:	South west of island
	Start and finish:	Portelet Bay car park
	Environment:	Footpaths and cliff paths. Terrain is relatively flat though surface can be uneven and stony. Some high, exposed drops. Therefore, not suitable for buggies or participants of limited mobility. This route is predominantly traffic free, crossing a minor road only twice.
	Suitable for:	Competent, steady walkers and runners. (2.5km+)
	Points available:	300 (including start and finish)
	Approx. time:	30 minutes to 2 hours (maximum time available 6 hours)
	Parking:	Portelet Bay car park
	Bus route:	Number 12A / 15

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