

# MOVE MORE **SELF-GUIDED WALK**

## **COURSE FACT SHEET**

### **Les Fontaines - Easy**



Please ensure you have read the [Move More Jersey Self-Guided Walk and Cycle Terms of Use](#) prior to undertaking this walk.

	<b>Type of course:</b>	Level 1 Walk / Run
	<b>Difficulty:</b>	Easy
	<b>Area:</b>	Les Fontaines, Route Du Nord, St John
	<b>Start and finish:</b>	Public car park adjacent to Les Fontaines Tavern
	<b>Environment:</b>	A short, circular walk through the rural lanes of St John
	<b>Suitable for:</b>	Walkers, runners, buggies, wheelchairs. Approx. 1.63m/ 2.5km
	<b>Komoot link:</b>	<a href="#">St John - Les Fontaines - Easy   hike   Komoot</a>
	<b>Approx. time:</b>	45 mins
	<b>Parking:</b>	Public car park adjacent to Les Fontaines Tavern.
	<b>Bus route:</b>	Number 7

## ROUTE MAP



## Get Komoot

Sign up and download Komoot for your mobile from [www.komoot.com](http://www.komoot.com). It's a free navigational app, which works offline. You can also connect it to other devices, like your Garmin.

Request to follow June Powell - look for our Jersey Sport and Move More logo!

## Directions

For those without a mobile phone or other device, here are the road directions for this route:

- Starting in the car park opposite Les Fontaines Tavern, cross the road heading up the small lane, La Rue de l'Étocquet, taking the first right onto Rue du Grand Mourier.
- At the junction, take a left onto Rue du Sorel.
- Then take a left onto Le Caribut, continuing to the junction.
- Take a left onto Rue de l'Étocquet, continuing straight until you are back at Les Fontaines.